

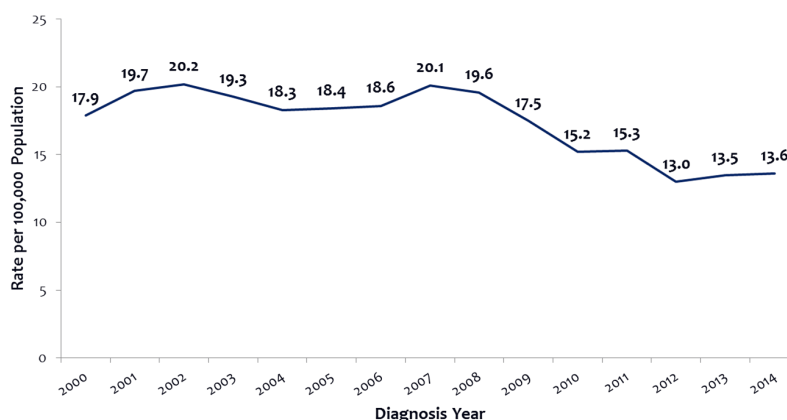
# HIV Infections in North Carolina Reported HIV Case Data, 2014

Overall newly diagnosed HIV infection rate has remained stable over the past few years

## In 2014:

- 28,526 people diagnosed and living with HIV infection in North Carolina
- 1,351 newly diagnosed HIV infections in North Carolina
- Estimated 4,900 people are undiagnosed with HIV in North Carolina

## North Carolina Newly Diagnosed HIV Infection Rates



## New HIV infections occur in different groups among men and women.

### 2014 HIV in Men:

- Nearly 40% were young men (aged 13 to 29)
- 64% were men who report sex with men (MSM)
- 22% were diagnosed with AIDS within 6 months of their HIV diagnosis



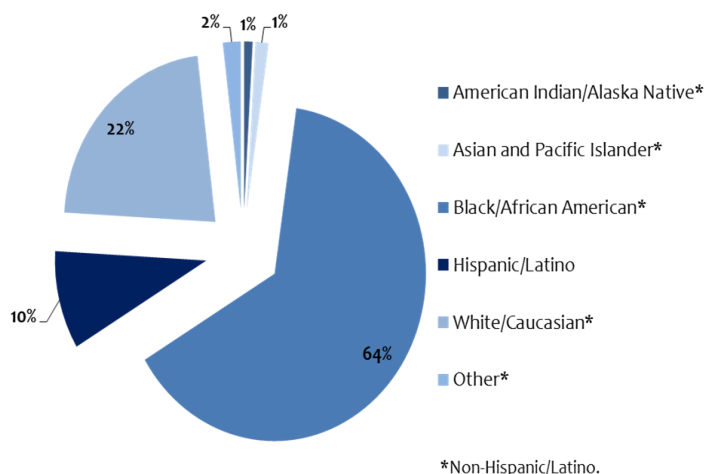
### 2014 HIV in Women:

- Nearly 50% were women over the age of 40
- 36% were exposed through heterosexual contact
- 19% were diagnosed with AIDS within 6 months of their HIV diagnosis



## Almost two-thirds of all new HIV infections are among Black/African Americans.

Infection rates are related to poverty, as well as race/ethnicity. HIV rates are higher in low-income areas (CDC 2010), and Black/African American and Hispanic/Latinos are more likely to live in these areas.



## Want More Information?

### HIV/STD Facts and Figures web site:

<http://epi.publichealth.nc.gov/cd/stds/figures.html>

### Centers for Disease Control and Prevention Fact Sheets on HIV:

<http://www.cdc.gov/hiv/library/factsheets/index.html>

## Data Source:

enhanced HIV/AIDS Reporting System (eHARS) (data as of June 25, 2015) and Medical Monitoring Project (MMP) weighted data (data as of September 18, 2015).

## Contact Us

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Created by the HIV/STD  
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# HIV Infections in North Carolina

## Reported HIV Case Data, 2014

### What is North Carolina doing to decrease HIV infection?

- North Carolina provides funds for HIV testing. Almost 210,000 HIV tests were conducted at the North Carolina State Laboratory of Public Health (SLPH) in 2014. Of those, 491 (0.2%) individuals were newly positive. Testing at the SLPH detects about one-third of new North Carolina HIV cases each year.
- North Carolina funds evidence-based risk reduction programs. Over 1,800 HIV positives or high-risk negative people participated in seven different programs.
- State bridge counselors actively look for people who have been identified as out-of-care and offer assistance in addressing barriers to care to facilitate re-engagement into care.
- Nationally, clinicians are helping people at high risk of acquiring HIV (like people with more than one sex partner) by offering pre-exposure prophylaxis (PrEP); see the side bar for North Carolina links.

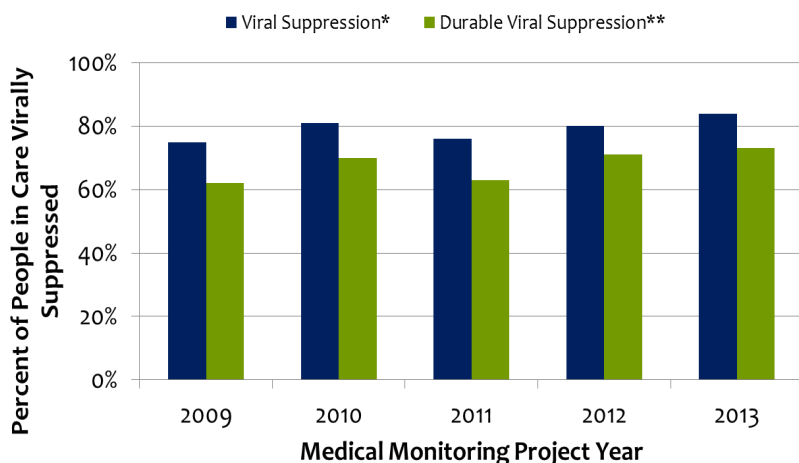


### What CLINICIANS can do

**If you are sexually active, you should get tested for sexually transmitted diseases (STDs) regularly.**

**If you are a care provider, ensure that you receive regular cultural competency training (resources in sidebar).**

### Viral Suppression for those in HIV care



In HIV care settings, 84% of patients were estimated to be virally suppressed in 2013, based on their most recent viral load test.

In 2013, 73% of all patients were virally suppressed for 12 months (all viral load values are less than 200 copies/μL, known as durable suppression).

\*Recent viral load test is less than 200 copies/μL.

\*\*All viral load tests in last 12 months are less than 200 copies/μL.

### What YOU can do

**If you have HIV, get treatment: you deserve the longest and happiest life you can have!**

For help, see the AIDS Drug Assistance Program (ADAP) resources in the side bar.

### Recommendations from the CDC 2015 STD Treatment Guidelines:

- In HIV care settings, patients should be screened for syphilis every 3 to 4 months if sexually active and every year at a minimum.

**For information about Pre-exposure prophylaxis (PrEP) and a map of North Carolina PrEP providers:**

<https://www.med.unc.edu/ncaidstraining/prep/PrEP-for-consumers>

**Cultural Competency (C3) Trainings and Information on Care and Prevention in the United States (CAPUS) in North Carolina web site:**

<http://www.med.unc.edu/ncaidstraining/capus>

### ADAP web site:

<http://epi.publichealth.nc.gov/cd/hiv/program.html>

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